## What is a Health Savings Account (HSA)?



The Health Savings Account (HSA) is a tax advantage savings plan available to taxpayers in the United States who are enrolled in a High Deductible Health Plan (HDHP) and are used to cover current and future medical expenses. It allows money to be put in before tax is paid on it and then to withdraw the money tax free for qualified medical expenses. By making the healthcare consumer a part of the medical services decision process, HSAs help to manage medical expenses and reduce the continuing growth of healthcare costs.

### **Benefits of a Health Savings Account:**

- Security

   Protect against high or unexpected medical bills with a high deductible insurance and HSA.
- Affordability

  Lower your health insurance premiums by switching to health insurance coverage with a higher deductible. Also, no monthly fees!
- Flexibility

   Use your HSA funds to pay for current medical expenses, including expenses that your insurance may not cover, or save the money in your account for future needs.
- **Savings** Save money in your account for future medical expenses and grow your account through investment earnings.

- Control Control how much money is put into the account, whether to save for future medical expenses or pay current expenses and decide which expenses to pay from the account. Also, access your HSA through Community Bank & Trust's personal online banking.
- Portability

   Accounts are completely portable.

  This means that even if you change jobs, change
  medical coverage, become unemployed, move to
  another state or change your marital status, you
  can keep your HSA.
- **Ownership** Account funds "roll over" from year to year as accumulated tax-free savings. There is no "use it or lose it" rules for HSAs.
- Tax Savings

   HSAs provide you with triple tax savings!

Member FDIC

### **HSA Account Representatives**



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Waterloo, Iowa **Downtown** 422 Commercial St

Waterloo, IA 50701 (319) 291.2000

**Hours** M-TH

8:30am-5:00pm FRI 8:30am-5:30pm (Lobby closes at

5:00pm)

SAT 8:30am-12:00pm



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**Hours** 

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Fareway (ATM Only) 214 Magnolia Dr. Cedar Falls, IA 50613



# **Health Savings Account Contribution Instructions**

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## **Qualified Medical Expenses**

Your HSA can be used for a wide range of medical goods and services, in addition to the usual medical services and prescribed medications typically covered by a health plan.

### A partial list of QUALIFIED medical expenses includes:

- Acupuncture
- Alcoholism or drug addiction treatment
- Ambulance services
- Artificial limbs
- Artificial teeth
- Birth control pills & other prescription contraceptives
- Braille books and magazines (excess cost)
- Breast reconstruction surgery
- Card modifications
- Certain home improvements
- Chiropractic care
- Christian Science practitioner
- Contact lenses
- Crutches, purchase or rental
- Dental treatment
- Diagnostic devices
- Disabled dependent care expenses
- Eye surgery
- Eyeglasses
- Fertility enhancement
- Guide dog or other animal
- Hearing aids

- Home care
- Lead-based paint removal
- Legal fees to authorize treatment of mental illness
- Legal termination of pregnancy
- Lifetime care-advance payments
- Long-term care
- Medical conferences concerning chronic illnesses
- Nursing home
- Nursing services
- Optometrist
- Oxygen
- Psychoanalysis (other than related to training)
- Smoking cessation programs
- Special education (if prescribed by doctor)
- Special home for mentally retarded person
- Sterilization (reproductive)
- Telephone or television for the hearing impaired
- Therapy prescribed as treatment
- Transplants (costs of donor)
- Transportation and other travel costs for medical care
- Weight loss program (if prescribed by doctor)
- Wheelchair
- Wig (for hair loss if prescribed by doctor)

#### A partial list of NON-QUALIFIED medical expenses includes:

- Babysitting, childcare, and nursing services for a normal, healthy baby
- Bandages
- Certain nonprescription/over-the-counter drugs
- Controlled substances, even if medically prescribed
- Cosmetic surgery aimed at improving appearances
- Dancing lessons
- Diaper services, unless they are needed to relieve the effects of a particular disease
- Electrolysis or hair removal
- Expenses used in figuring health coverage tax credit
- Funeral expenses
- Future medical expenses
- Hair transplant
- Health club dues
- Household help other than that qualifying as long term care

- Illegal operations and treatments
- Insurance premiums other than those explicitly included
- Liposuction
- Maternity clothes
- Nonprescription medicines
- Nutritional supplements unless prescribed for a medically diagnosed condition
- Personal use items unless specifically included
- Swimming lessons
- Teeth whitening
- Veterinary fees, except for guide or assistance animals
- Weight-loss program